

## *ReCharge Drink for Cell Rejuvenation*

[Potassium](#) is like “fuel” for the cells. [Biological Sodium](#) is like “oil” for the cells.

[Lemon](#) is one of the highest nutrient fruits, also helping to clear the Liver, the body’s “filter”.

*“[Potassium](#) is the main healing mineral and works with Sodium to keep Acid/Alkaline balance in the body. It assists the body’s recuperative powers, strengthens heart muscles, helps keep the body in healthy condition, empowers anti-cancer cells, helps repair the Liver, assists glycogen to change to glucose, aids in waste elimination, and helps prevent ailments.” [Health Handbook](#), by Louise Tenney.*

In One Quart of pure water, mix:

- Fresh squeezed [lemon or lime](#) juice to taste
- A few sprinkles to ¼ teaspoon of [Potassium Chloride](#)
- A [natural sweetener](#) e.g. green powder and/or dark liquid Stevia, Grade B Maple Syrup, Unsulphured Molasses and/or Xylitol, to taste.
- When desired (after about 3 weeks), add a few sprinkles of (Biological Sodium) [Celtic Salt](#) to the Recharge Drink, to taste.

Suggestions:

- Drink a quart of the Recharge Drink throughout the day, everyday. Other juices can be added if desired.
- Place the pure water in the Sun for a day, solar charges the water.
- Shake the recharge Drink and/or water many times, which oxygenates the liquid.

You may experience some detoxifying effects, AND also more life energy as you continue daily on the Potassium Chloride and the Biological Sodium. The symptoms of the detoxification often vary from individual to individual.

A [Potassium Chloride](#) supplement (Now Brand) is the rich material out of which the body manufactures Hydrochloric Acid (HCL). HCL is crucial for digestion and to help detoxify the body, especially the Liver. Daily usage of Potassium Chloride, (about ¼ teaspoon) will help bring the body’s PH into balance, assisting the body to heal and repair itself.

([Biological Sodium](#)) [Celtic Salt](#) is gathered from pristine flats off the Coast of France for well over 1100 years. The salt is carefully hand gathered with wood instruments. Sodium is only valuable to the body when it is organic and balanced. It is essential for the production of saliva which aids in proper digestion, helps keep calcium in the body, helps prevent arthritis, hardening of the arteries, and excess mucous in the body. With Potassium it works to control substances in and out of the cell.

The above [natural sweeteners](#) are beneficial to the body, adding nutrients as well.

[To order and receive wholesale pricing:](#)

Contact: Diana Hollcraft 303.517.2086

[Now](#) Brand [Potassium Chloride](#) powder ~ 800.817.9415 or 888.635.0474

[Celtic Salt](#) (Light Grey Crystals) ~ [800.Top.Salt](#) [www.celticseasalt.com](http://www.celticseasalt.com)