

XYLITOL IS:

...a healthy sugar, a naturally occurring molecule in plants and animals.

You can find it inside plums, raspberries, rice, corn cobs, even inside your own body.

Xylitol is a naturally white crystalline substance that is internationally accepted as having no toxic level and known to have a number of beneficial effects for bones, urinary tract, teeth, blood sugar etc.



Some benefits experienced in the following areas:

Bones

Increase in the body's ability to absorb calcium effectively and re-mineralize teeth. Studies have shown that Xylitol may possibly be able to prevent the loss of calcium when used on a regular basis.

Teeth

Helps with teeth health and even helps prevent ear infections, and helps reverse harmful effects of sugar on teeth, by restoring the pH balance in the mouth.

A growing number of dental professionals are amazed by the affects of Xylitol and recommend including Xylitol as part of a normal regime.

Weight

Losing weight. It has 40% fewer calories, and 75% less

carbohydrates than sugar. This makes Xylitol an excellent alternative to artificial sweeteners.

Blood Sugar

Xylitol is diabetic safe. It has a history of use in hospitals to resuscitate patients from a diabetic coma. Xylitol is insulin independent, and a seven on the glycemic scale. This means Xylitol metabolizes very slowly inside the human body and doesn't utilize insulin.

Please Note

Xylitol is substituted on a 1 to 1 ratio for sugar in most recipes.

Due to the unique properties of Xylitol (heat stable) some modifications to your recipes may be needed.

If you are unaccustomed to using Xylitol, we suggest:

- Starting with a small amount, and increasing slowly for the first few weeks. Excessive use of Xylitol may produce a mild laxative effect.
- Use as recommended.
- One last note, ***never*** give Xylitol to animals. Just like chocolate, Xylitol is not meant for animal physiology.

www.XylitolUSA.com **1-866-948-1999**

Diana Hollcraft -303-517-2086